



Wednesday 17<sup>th</sup> June 2026

Dear Parents and Carers,

Over the next few weeks of the summer term, starting the week of June 29<sup>th</sup>, Year 2 will be participating in their "Growing and Changing" lessons in PSHE (Personal, Social, Health and Economic education). According to Department for Education guidance, these lessons—which link to relationships and health—are statutory for all pupils.

We aim to promote personal wellbeing and development through a comprehensive, taught programme of PSHE, using our SCARF curriculum. This curriculum gives our children the knowledge, understanding, attitudes, and practical skills they need to live a healthy, safe, productive, and fulfilled life, both now and in the future.

The upcoming lessons will cover the following topics:

- **"Haven't You Grown?"** – The process of growing from young to old, how human needs change over time, and the new opportunities and responsibilities that increasing independence brings.
- **"My Body, Your Body"** – Learning the names of the main parts of the body (including external genitalia). Through age-appropriate activities, children will be taught scientific names—such as vulva, penis, and testicles—as well as the similarities and differences between boys and girls.
- **"Some Secrets Should Never Be Kept"** – In this lesson, children will learn about appropriate and inappropriate physical contact and how to respond safely. We will be using the story [Some Secrets Should Never Be Kept read by Debra Byrne](#).read by Debra Byrne.

All PSHE teaching takes place in a safe learning environment and is underpinned by our school ethos and values.

If you have any questions or concerns you would like to discuss, please speak to your child's class teacher at the end of the school day or write a note in their home-school diary. Please ensure this occurs before **Monday, 29<sup>th</sup> June 2026**.

Yours sincerely,  
Year 2 Teachers

