



Friday 15<sup>th</sup> May 2026

Dear Parents/Carers

## Relationship, Sex Education (RSE) Changes 2026 – At a Glance

Thank you to everyone who attended our consultation meetings this week regarding the national statutory changes to PSHE (Personal, Social, Health Education) and RSE (Relationships and Sex Education). We are very grateful for your time, support and feedback; we are actively listening to your input and adapting our draft policy to reflect your views and hone the delivery of RSE at Gossops Green.

For those who were unable to join us, these changes are driven by new Government statutory guidance that must be implemented by September 2026. This guidance is based on evidence highlighting the need for clearer language to help children report concerns earlier, as well as the necessity of teaching children how to safely navigate a rapidly changing digital world and handle harmful online content. Our new policy emphasises a transparent partnership with parents, ensuring you have complete access to all teaching materials. Following the parents' consultation, our draft policy will be updated and then put before our school Governors for approval. The final policy will then be published on our website.

Please note that PSHE and RSE lessons covering lifecycles, health topics and scientific information – including puberty – **are all statutory requirements** and there is no right to withdraw. However, there are two non-statutory lessons in Year 6 – *Making Babies* and *Online Sexual Content* – from which children can be withdrawn; further information regarding these specific lessons will be provided to Year 6 parents in due course and will be clear in the new PSHE and RSE school policy we will be sharing later this term.

To support you further, we will soon be uploading further information to our website, including overviews, book recommendations, helpful videos, and conversation starters. In response to parental feedback over the past 3 sessions, we will always invite parents and carers into school to view lesson materials *prior* to the start of RSE units of work.

Below is a table highlighting the new specific changes, from the updated guidance, to the 'Growing and Changing' lessons within our SCARF curriculum.

We appreciate your engagement with this important part of our curriculum.

Yours sincerely

**Mrs Dunne**  
Principal



Year	Lesson Title	Changes
EYFS	Me and My Body – Girls and Boys	Wording updated to include discussion about breastfeeding from mother's breasts/ bottle feeding. Vocabulary updated to include nipples, anus, nipples, breasts, breastfeeding
EYFS	Where do babies come from?	Wording updated to include breastfeeding from mother's breasts/ bottle feeding. Vocabulary updated to include breasts
EYFS	Life Stages: Human Life Stage-Who will I be?	Learning outcomes and lesson content updated to include explanation of marriage, civil partnerships, adoption and other family celebrations
Year 1/2	All	Wording updated to include all scientific names for all body parts to include scrotum, vagina, anus, breasts and breastfeeding.
Year 3	My Body Your Body	Wording updated to include explanation of all private parts. Vocabulary updated to include vagina, scrotum, anus, breasts, breastfeeding
Year 4	My Changing Body	Wording updated to include explanation of all private parts – more detailed explanation of scrotum, vagina and vulva. Vocabulary updated to include scrotum, vulva, nipples, anus, involuntary erections
Year 4	Preparing for changes at puberty	Wording updated to include explanation of the names for private parts for male and female bodies. Vocabulary updated to include scrotum, vulva, anus, involuntary erections, spontaneous erections, and vaginal discharge
Year 4	All Change	Wording updated to include more specific explanation of private parts. Vocabulary updated to include scrotum, nipples, anus
Year 5	Changing Bodies and Feelings	Extra content added to regarding how covering self-touch/masturbation meets statutory requirements. Wording updated to include explanation of the names for private parts for male and female bodies. Vocabulary updated to include testicles, scrotum, nipples, vulva, vagina
Year 5	Growing Up and Changing Bodies	Wording updated to include explanation of the names for private parts for male and female bodies. Vocabulary updated to include penis, testicles, scrotum, nipples, vulva, vagina, clitoris, labia
Year 6	Media Manipulation	Additional explanation regarding gender reassignment (protected characteristic) and being transgender added
Year 6	Is this normal	Wording updated to include explanation of the names for private parts for male and female bodies. Vocabulary updated to include penis, testicles, scrotum, nipples, vagina, FGM/cuts to the vulva
Year 6	Making Babies	Voice over changed to correct 'stomach' to abdomen'. Wording updated to include explanation of the names for private parts



		for male and female bodies; reinforce language around consent vocabulary updated to include scrotum, nipples, vulva
Year 6	Online Sexual Content	This lesson has been added to Year 6 as an optional lesson in response to the 2026 RSHE Guidance, which enables schools to cover this content if they have identified a need via their observations and in response to pupil voice.

