



12th February 2026

## RE: Year 5 Cooking

Dear Parents and Carers,

This term, Year 5 pupils will participate in a food-tasting session followed by a practical cooking lesson as part of the Cooking and Nutrition Curriculum.

Pupils will be given the opportunity to prepare and sample a range of vegetables before creating their own healthy vegetable pizza, including making the pizza base from scratch.

The ingredients used will include **self-raising flour, natural Greek yoghurt, tomato passata, tomato purée, dried oregano, mozzarella cheese, mushrooms, peppers, courgettes and sweetcorn.**

All ingredients will be provided. As we do not have the facilities to cook the pizzas on site, pupils will bring their uncooked pizzas home to be baked. Boxes will be provided for safe transportation.

**If your child has any allergies to any of the products listed above, please ensure that Arbor is updated with the latest allergy information by Monday 16th February - this is how we will make sure staff are aware of all allergies.**

The Year 5 classes will have their session on the following days:

**Wednesday 25th February - 5RB**

**Thursday 26th February - 5WL**

**Friday 27th February - 5RG**

If you have any further questions, please do not hesitate to contact us.

Yours faithfully,

The Year 5 Team