



7<sup>th</sup> October 2025

## RE: Year 5 Bikeability

Dear Parents & Carers,

On Thursday 4<sup>th</sup> December, Year 5 pupils will have the opportunity to take part in a Bikeability Level 1 training course. This is designed to give riders the skills and confidence to ride their bikes on today's roads. The course is designed for riders who have reasonable control of a bicycle and is not suitable for complete beginners. Details on the course is attached.

To take part in this Bikeability course, riders must have the following:

- A **roadworthy bicycle** that is in good working order and of the correct size.
- Both front and rear brakes must be fully working order, the tyres must be in good condition and pumped up, the handlebars securely attached and fitted with bar end plugs.
- A correctly fitting **cycle helmet**.

We are very fortunate that they are running this course with no charge. Ideally, children taking part will require their own bicycle. Alternatively, you can arrange between children within Year 5 to borrow a bike from another child – please indicate below who's bike your child will be borrowing from.

If you would like your child to take part, please send back the slip below (as well as the consent form attached) by **Friday 7<sup>th</sup> November**.

Kind regards,  
The Year 5 Team.

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I would like my child \_\_\_\_\_ (name) in \_\_\_\_\_ (class) to take part in the Bikeability course.

I understand that for my child to take part, they require **both** a road-worthy bike **and** a helmet. Without a helmet, my child cannot participate in the course.

I also understand that the school **cannot** accept responsibility for any bicycles left on the premises.

Please confirm the following:

- My child has a helmet.
- My child a bike.
- I have arranged for my child to borrow \_\_\_\_\_'s (name of the other child) bike.
- I have arranged for my child to borrow \_\_\_\_\_'s (name of the other child) helmet.

Signed: \_\_\_\_\_